

# UNDERSTANDING ALZHEIMER'S AND DEMENTIA

An education program presented by the Alzheimer's Association®



## **ALZHEIMER'S IS NOT NORMAL AGING.**

It's a disease of the brain that causes problems with memory, thinking and behavior.

### **Join us to learn about:**

- » The impact of Alzheimer's.
- » The difference between Alzheimer's and dementia.
- » Alzheimer's disease stages and risk factors.
- » Current research and treatments available to address some symptoms.
- » Alzheimer's Association resources.

**January 13 | 1pm  
Buena Vista Hospice  
Thousand Oaks, CA**

**[alz.org/CACentralCoast](https://alz.org/CACentralCoast)  
800.272.3900**

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