

# Dealing with Dementia Workshop

Developed by the Rosalynn Carter Institute for Caregiving (RCI)



**When:** Tues., Oct. 15, 2019  
1:00 pm to 5:00 pm

**Location:** Senior Concerns  
401 Hodencamp Road  
Thousand Oaks

### Respite Care:

Complimentary respite care is available for special needs seniors with an advance reservation. Please call (805) 497-0189

### RSVP:

Please call (805) 497-0189 by Oct. 14, 2019

### Fee:

A \$50 fee to attend the class which will include the new *Dealing with Dementia Guide*

## Join this workshop to:

- ✓ Gain a better understanding of dementia
- ✓ Utilize strategies to effectively manage dementia behaviors
- ✓ Develop habits of stress management and self-care

Caregivers who attend this four-hour workshop will receive a copy of the new *Dealing with Dementia Guide*.

## Facilitated By:

**Martha Shapiro, LCSW**  
Director of Programs, Senior Concerns

**Carie Salas, MSW**  
Case Manager, Senior Concerns